

11:30

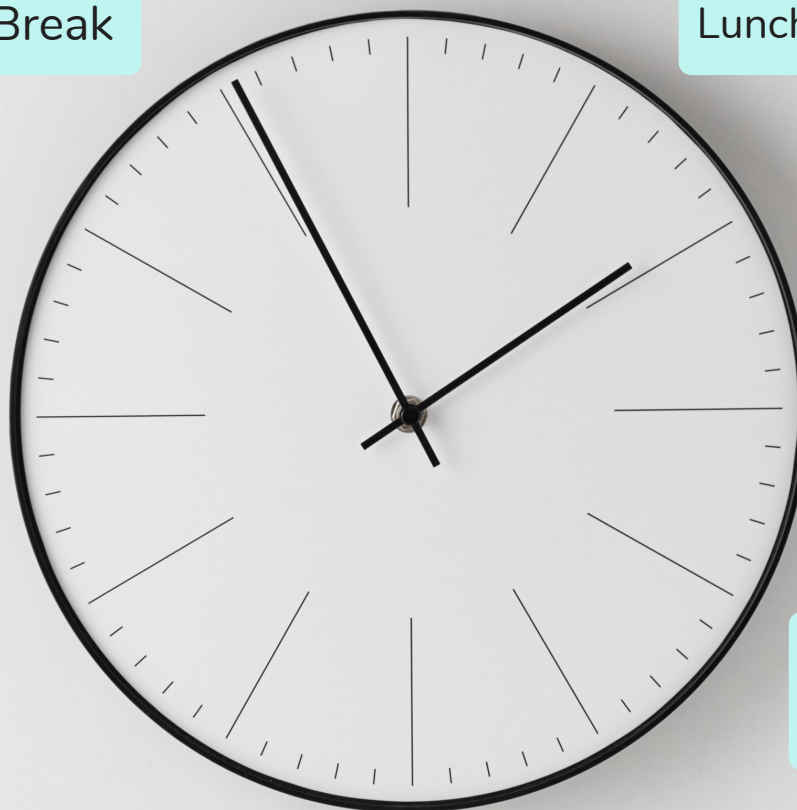
Musical Tea Break

13:30

Lunchtime Film Scores

09:00

Soft Waking Sounds



16:00

Reminiscence Radio

19:00

Wind Down Playlist

# Make Time For Music

And It Will Make Time For You



[www.musicalwalkabout.com](http://www.musicalwalkabout.com)



# Make Your Own Music Clock!

TIP!

Keep it simple. Choosing music ideas that are easy, fun and rewarding make them likelier to become healthy habits...

